

# SureStart South Armagh Newsletter

April & May 2025

## Toddle & Talk group now extended!

Based on feedback from parents, we have now extended our Toddle and Talk group from 4 to 6 sessions.

Our Speech and Language team run this group for children aged 2-3 who will benefit from additional support with their language development.

Book now for our next group starting in May.



## World Dance Day

Let's dance! Come join us at our tiny dancers class in Forkhill Community Centre on the 29<sup>th</sup> of May to celebrate World Dance Day.



## Easter Family Event

Come and join us for Easter fun with play areas, arts & crafts, flower planting and a special visit from the Easter bunny!



Thursday 3<sup>rd</sup> April, Bessbrook Community Centre.

**10am - 11am** Quiet hour for children with additional needs and children who benefit from quieter spaces;  
**11am - 12.30pm** Open to all Sure Start families.

## Creative Easter Bags

Get creative at Easter with our lovely Creative Easter bag.

This bag is for you and your child to explore and engage in a variety of arts and crafts.

Bags are limited to one per family.



## WhatsApp Channels

Scan here to join us on WhatsApp Channels!

We understand that not everyone has social media to follow us for important updates. Our WhatsApp channel will allow you to privately follow groups and topics that you might be interested in, without your details being shared with other members. We hope that this will help us communicate better with our families.



## Office Closed

Sure Start South Armagh office is closed on the following dates:

**CLOSED FOR EASTER:**  
Monday 21<sup>st</sup> April to Sunday 27<sup>th</sup> April

**CLOSED FOR BANK HOLIDAYS:**  
Monday 5<sup>th</sup> May  
Monday 26<sup>th</sup> May



## Let's Get Messy!

Come join us for Messy Play.

Let your little ones explore, create, and have fun with messy play which is a fantastic way to boost creativity, confidence, and sensory development.

Remember to dress for mess...



## Construction Play

Come along and explore Construction Play.

This is an opportunity to practice imagination and social skills through lots of fun props such as construction vehicles, play tools, dress up, train tracks, large recycled materials, large/small blocks and magnetics.



## Swim Club

We are thrilled to welcome back all our young swimmers for the following programmes:

- **Baby Swim** is a swimming programme for all parents/carers and their babies from 4 to 12 months (one child per adult);
- **Family Swim** is a swimming programme for all parents/carers and their children aged from 4 months to under 4 years (one child per adult).

These are child-led programmes centred around water safety and focus on increasing confidence in the water for both parents and children. During each sessions some swimming techniques will be introduced. Come make a splash with us!



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Trimpert Ltd, Armagh

## Bessbrook Carer and Toddler Group

Great News – More Time for Fun!

Starting in April 2025, Bessbrook Carer and Toddler Group are extending its programme time from 10:30am to 12noon.

Your little ones can enjoy even more fun, creativity, and social time! We can't wait to see you there!



## Spring Flower Arranging

We are delighted to introduce our Edible Flower Pot! Grow & eat your own edible flowers and herbs!

Grow your own delicious, edible flowers and herbs at home with our easy to care for Edible Pot! Perfect for kitchens or gardens, it's a simple way to add homegrown goodness to your meals.

Why choose an Edible Pot?

- Fresh flowers and herbs at your fingertips
- Easy to grow – perfect for beginners
- Great for cooking, teas & garnishes
- A beautiful & practical addition to any space

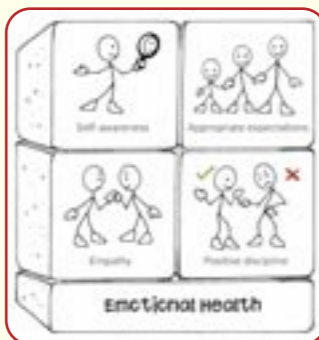
Grow, harvest, and enjoy – naturally!



## Parenting Puzzle is returning

The parenting puzzle is a tried and tested programme which helps us as parents/carers to think about what we do, why we do it and how it makes us feel.

The workshops help parents/carers understand children's behaviour, how to praise and encourage, set boundaries, deal with conflict, and how to look after ourselves.



SureStart South Armagh





# APRIL PROGRAMMES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT

| ACTIVITY                                                                                                                                                                        | DATE                                                                          | VENUE                                         | TIME              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------|-------------------|
| <b>Sensory Baby</b> Babies aged up to 18 months                                                                                                                                 | 7 <sup>th</sup> , 14 <sup>th</sup> & 28 <sup>th</sup> April                   | Crossmaglen Community Centre                  | 10:30am - 11:15am |
| <b>Carer and Toddler Group</b> Parents/carers and their children aged from birth to under 4 years                                                                               | 7 <sup>th</sup> , 14 <sup>th</sup> & 28 <sup>th</sup> April                   | Bessbrook Community Centre                    | 10:30am - 12noon  |
| <b>Sensory Toddler</b> Children aged from 2 to under 4 years                                                                                                                    | 7 <sup>th</sup> , 14 <sup>th</sup> & 28 <sup>th</sup> April                   | Crossmaglen Community Centre                  | 11:45am - 12:30pm |
| <b>Family Swim</b> Children from 4 months to under 4 years - one child per adult                                                                                                | 7 <sup>th</sup> & 14 <sup>th</sup> April                                      | Newry Swimming Pool                           | 12noon - 1:00pm   |
| <b>Playtime Inbetweeners</b> Parents/carers and their children aged from 6 months to 2 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                              | 7 <sup>th</sup> & 14 <sup>th</sup> April                                      | Cullyhanna Sure Start Centre                  | 12:30pm - 1:30pm  |
| <b>Creative Parents</b> All Sure Start parents/carers only                                                                                                                      | 14 <sup>th</sup> April                                                        | Camlough Programme Room                       | 6:30pm - 7:30pm   |
| <b>Baby Swim</b> Babies aged from 4 to 12 months - one child per adult                                                                                                          | 28 <sup>th</sup> April - 12 <sup>th</sup> & 19 <sup>th</sup> May              | Newry Swimming Pool                           | 12noon - 1:00pm   |
| <b>Physical Babies</b> Babies aged up to 18 months                                                                                                                              | 1 <sup>st</sup> , 8 <sup>th</sup> & 29 <sup>th</sup> April                    | Forkhill Community Centre                     | 10:00am - 10:45am |
| <b>Little Kickers</b> Children aged from 2 to under 4 years                                                                                                                     | 1 <sup>st</sup> & 8 <sup>th</sup> April                                       | Newtownhamilton Play Park                     | 10:30am - 11:30am |
| <b>Physical Play</b> Children aged from 2 to under 4 years                                                                                                                      | 1 <sup>st</sup> , 8 <sup>th</sup> & 29 <sup>th</sup> April                    | Forkhill Community Centre                     | 11:15am - 12:15pm |
| <b>Baby Café</b> All parents with babies aged under 1 year <i>DROP IN - BOOKING NOT REQUIRED</i>                                                                                | 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> & 29 <sup>th</sup> April | Camlough Programme Room                       | 2:00pm - 3:30pm   |
| <b>Dad's Club - Little Kickers</b> Dads/male carers and their children aged from 2 to under 4 years                                                                             | 1 <sup>st</sup> & 8 <sup>th</sup> April                                       | Crossmaglen Community Centre                  | 6:00pm - 7:00pm   |
| <b>Tiny Dancers</b> Children aged from 2 to under 4 years                                                                                                                       | 8 <sup>th</sup> April                                                         | Lislea Community Centre                       | 10:00am - 11:00am |
|                                                                                                                                                                                 | 15 <sup>th</sup> April                                                        | Bessbrook Community Centre                    | 10:00am - 11:00am |
| <b>Mindfulness in Nature Walk</b> Children aged from 18 months to under 4 years                                                                                                 | 8 <sup>th</sup> April                                                         | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>Chi Me for Kids</b> Children aged from 2 to under 4 years                                                                                                                    | 8 <sup>th</sup> April                                                         | Lislea Community Centre                       | 11:15am - 11:45am |
|                                                                                                                                                                                 | 15 <sup>th</sup> April                                                        | Bessbrook Community Centre                    | 11:15am - 11:45am |
| <b>Calm and Connected</b> Babies aged from 8 weeks to under 1 year                                                                                                              | 8 <sup>th</sup> , 15 <sup>th</sup> & 29 <sup>th</sup> April                   | Camlough Programme Room                       | 10:30am - 11:30am |
|                                                                                                                                                                                 | 6 <sup>th</sup> May                                                           |                                               |                   |
| <b>Creative Babies at Easter</b> Babies aged up to 18 months                                                                                                                    | 15 <sup>th</sup> April                                                        | Crossmaglen Community Centre                  | 10:30am - 11:15am |
| <b>Tummy Time at Easter</b> Babies aged from 6 weeks to pre-mobile                                                                                                              | 15 <sup>th</sup> April                                                        | Cloughreagh Community Centre                  | 10:30am - 11:30am |
| <b>Dad's Club - Train Set</b> Dads/male carers & their children aged from 1 year to under 4 years                                                                               | 15 <sup>th</sup> April                                                        | Bessbrook Library                             | 6:00pm - 7:00pm   |
| <b>Tummy Time</b> Babies aged from 6 weeks to pre-mobile                                                                                                                        | 29 <sup>th</sup> April                                                        | Crossmaglen Community Centre                  | 10:30am - 11:30am |
| <b>Dad's Club - Cycling with kids</b> Dads/male carers and their children aged from 18 months to under 4 years                                                                  | 29 <sup>th</sup> April                                                        | WIN Business Park Canal Quay, Newry, BT35 6PH | 6:15pm - 8:15pm   |
| <b>Mindfulness in Nature Walk</b> Children aged from 18 months to under 4 years                                                                                                 | 2 <sup>nd</sup> April                                                         | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>Introduction To Solids</b> For parents and their babies aged 4 months to 1 year                                                                                              | 2 <sup>nd</sup> & 9 <sup>th</sup> April                                       | Camlough Programme Room                       | 10:30am - 11:30am |
| <b>Baby Reflexology</b> Babies aged from 6 weeks to pre-mobile                                                                                                                  | 2 <sup>nd</sup> , 9 <sup>th</sup> & 16 <sup>th</sup> April                    | Cloughreagh Community Centre                  | 10:30am - 11:30am |
| <b>Rhyme Time</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                                                                         | 9 <sup>th</sup> & 16 <sup>th</sup> April                                      | Bessbrook Library                             | 10:30am - 11:30am |
| <b>Creative Toddlers</b> Children aged from 2 to under 4 years                                                                                                                  | 2 <sup>nd</sup> , 9 <sup>th</sup> & 30 <sup>th</sup> April                    | Lislea Community Centre                       | 11:00am - 12noon  |
| <b>Tiny Dancers</b> Children aged from 2 to under 4 years                                                                                                                       | 2 <sup>nd</sup> April                                                         | Crossmaglen Community Centre                  | 2:30pm - 3:30pm   |
|                                                                                                                                                                                 | 9 <sup>th</sup> April                                                         | Forkhill Community Centre                     | 2:30pm - 3:30pm   |
| <b>Tummy Time</b> Babies aged from 6 weeks to pre-mobile                                                                                                                        | 16 <sup>th</sup> April                                                        | Lislea Community Centre                       | 2:30pm - 3:30pm   |
| <b>Mindfulness in Nature in the Garden</b> Children aged from 18 months to under 4 years                                                                                        | 16 <sup>th</sup> & 30 <sup>th</sup> April                                     | Forkhill Community Centre Garden Shed         | 10:30am - 11:30am |
| <b>Easter Event - Quiet hour</b> All Sure Start families                                                                                                                        | 3 <sup>rd</sup> April                                                         | Bessbrook Community Centre                    | 10:00am - 11:00am |
| <b>Easter Event</b> All Sure Start families                                                                                                                                     | 3 <sup>rd</sup> April                                                         | Bessbrook Community Centre                    | 11:00am - 12:30pm |
| <b>Let's Play</b> Children who are in the referral process or have received a diagnosis of additional need.                                                                     | 3 <sup>rd</sup> , 10 <sup>th</sup> & 17 <sup>th</sup> April                   | Bessbrook Community Centre                    | 10:30am - 11:30am |
| <b>Construction Zone</b> Children aged from 2 years to under 4 years                                                                                                            | 3 <sup>rd</sup> April                                                         | Bessbrook Parish Hall                         | 11:00am - 12noon  |
| <b>Easter Creativity Bags</b> All Sure Start families                                                                                                                           | 17 <sup>th</sup> April                                                        | Camlough Programme Room                       | 9:30am - 1:00pm   |
| <b>Rhyme Time</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                                                                         | 4 <sup>th</sup> & 11 <sup>th</sup> April                                      | Crossmaglen Library                           | 11:00am - 11:45am |
| <b>Family Walk</b> All Sure Start families                                                                                                                                      | 11 <sup>th</sup> April                                                        | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>Mindfulness in Nature in the Garden</b> Children aged from 18 months to under 4 years                                                                                        | 11 <sup>th</sup> April                                                        | Forkhill Community Centre Garden Shed         | 10:30am - 11:30am |
| <b>Easter Creativity Bags</b> All Sure Start families                                                                                                                           | 11 <sup>th</sup> April                                                        | Camlough Programme Room                       | 9:30am - 1:00pm   |
| <b>Easter Event - Streamvale Farm</b> All Sure Start families. Bookings will be allocated to a waiting list and families will be contacted by a team member to confirm a place. | 5 <sup>th</sup> April                                                         | Streamvale Farm, Belfast                      | 9:00am - 5:00pm   |
| <b>Messy Play</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                                                                         | 12 <sup>th</sup> April                                                        | Cullyhanna Sure Start Centre                  | 10:30am - 11:30am |
| <b>Creative Toddlers at Easter</b> Children aged from 2 to under 4 years                                                                                                        | 12 <sup>th</sup> April                                                        | Tiddy Town, Newry                             | 10:00am - 11:30am |
| <b>Rhyme Time</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                                                                         | 12 <sup>th</sup> April                                                        | Bessbrook Library                             | 11:15am - 12noon  |

# MAY PROGRAMMES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT

| ACTIVITY                                                                                                                           | DATE                                                                                           | VENUE                                         | TIME              |
|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-----------------------------------------------|-------------------|
| <b>Carer &amp; Toddler Group</b> Parents/carers and their children aged from birth to under 4 years                                | 12 <sup>th</sup> & 19 <sup>th</sup> May                                                        | Bessbrook Community Centre                    | 10:30am - 12noon  |
| <b>Construction Zone</b> Children aged from 2 to under 4 years                                                                     | 12 <sup>th</sup> & 19 <sup>th</sup> May                                                        | Dorsey Community Centre                       | 11:00am - 12noon  |
| <b>Playtime Inbetweeners</b> Parents/carers and their children aged from 6 months to 2 years <i>DROP IN - BOOKING NOT REQUIRED</i> | 12 <sup>th</sup> & 19 <sup>th</sup> May                                                        | Cullyhanna Sure Start Centre                  | 12:30pm - 1:30pm  |
| <b>Creative Parents</b> All Sure Start parents/carers only                                                                         | 12 <sup>th</sup> May                                                                           | Camlough Programme Room                       | 6:30pm - 7:30pm   |
| <b>Antenatal Infant Feeding Workshop</b> All expectant parents                                                                     | 6 <sup>th</sup> May                                                                            | Camlough Programme Room                       | 10:30am - 12noon  |
| <b>Creative Babies</b> Babies aged up to 18 months                                                                                 | 6 <sup>th</sup> , 13 <sup>th</sup> & 27 <sup>th</sup> May                                      | Newtownhamilton Community Centre              | 10:30am - 11:15am |
| <b>Baby Reflexology</b> Babies aged from 6 weeks to pre-mobile                                                                     | 6 <sup>th</sup> , 13 <sup>th</sup> & 20 <sup>th</sup> May                                      | Cloughreagh Community Centre                  | 10:30am - 11:30am |
| <b>Dad's Club - Train Set</b> Dads/male carers & their children aged from 1 year to under 4 years                                  | 6 <sup>th</sup> May                                                                            | Bessbrook Library                             | 1:30pm - 2:30pm   |
| <b>Baby Café</b> All parents with babies aged under 1 year <i>DROP IN - BOOKING NOT REQUIRED</i>                                   | 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup> May                   | Camlough Programme Room                       | 2:00pm - 3:30pm   |
| <b>Buggy Fitness</b> Babies aged up to 1 year                                                                                      | 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup> May                   | Derrymore Woods Bottom Car Park               | 3:30pm - 4:30pm   |
| <b>Dad's Club - Little Kickers</b> Dads/male carers & their children aged from 2 to under 4 years                                  | 6 <sup>th</sup> May                                                                            | Forkhill Community Centre                     | 6:00pm - 7:00pm   |
| <b>Spring Flower Arranging</b> All Sure Start parents/carers (adults only)                                                         | 6 <sup>th</sup> May                                                                            | Newtown Together Men's Shed                   | 7:00pm - 8:00pm   |
| <b>Mindfulness in Nature Walk</b> Children aged from 18 months to under 4 years                                                    | 13 <sup>th</sup> May                                                                           | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>Balance Ability</b> Children aged from 2 to under 4 years                                                                       | 13 <sup>th</sup> May                                                                           | Newtownhamilton Play Park                     | 10:30am - 11:30am |
| <b>Dad's Club - Pizza Night</b> Dads/male carers and their children aged 1 year to under 4 years                                   | 13 <sup>th</sup> May                                                                           | Camlough Programme Room                       | 6:00pm - 8:00pm   |
| <b>Tummy Time</b> Babies aged from 6 weeks to pre-mobile                                                                           | 20 <sup>th</sup> May                                                                           | Bessbrook Parish Hall                         | 10:30am - 11:30am |
| <b>Dad's Club - Pancake Night</b> Dads/male carers and their children aged 1 to under 4 years                                      | 20 <sup>th</sup> May                                                                           | Camlough Programme Room                       | 6:00pm - 7:00pm   |
| <b>Parenting Puzzle</b> All Sure Start Parents                                                                                     | 27 <sup>th</sup> May                                                                           | Crossmaglen Community Centre                  | 10:30am - 12:30pm |
|                                                                                                                                    | 3 <sup>rd</sup> , 17 <sup>th</sup> & 24 <sup>th</sup> June                                     |                                               |                   |
| <b>Dad's Club - Build &amp; Bond</b> Dads/male carers & their children aged from 2 to under 4 years                                | 27 <sup>th</sup> May                                                                           | Bessbrook Library                             | 6:00pm - 7:00pm   |
| <b>Rhyme Time</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                            | 7 <sup>th</sup> , 14 <sup>th</sup> & 21 <sup>st</sup> May                                      | Bessbrook Library                             | 10:30am - 11:30am |
| <b>Tummy Time</b> Babies aged from 6 weeks to pre-mobile                                                                           | 7 <sup>th</sup> , 14 <sup>th</sup> & 28 <sup>th</sup> May                                      | Lislea Community Shed                         | 10:30am - 11:30am |
|                                                                                                                                    | 21 <sup>st</sup> May                                                                           | Bessbrook Community Centre                    | 2:30pm - 3:30pm   |
| <b>Outdoor Explorers</b> Children aged from 2 to under 4 years                                                                     | 7 <sup>th</sup> , 21 <sup>st</sup> & 28 <sup>th</sup> May                                      | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>Tiny Dancers</b> Children aged from 2 to under 4 years                                                                          | 7 <sup>th</sup> May                                                                            | Cullyhanna Community Centre                   | 11:00am - 12noon  |
|                                                                                                                                    | 14 <sup>th</sup> May                                                                           | Forkhill Community Centre                     | 2:30pm - 3:30pm   |
|                                                                                                                                    | 28 <sup>th</sup> May                                                                           | Lislea Community Centre                       | 11:00am - 12noon  |
| <b>Family Cycling Club</b> Cycling with children aged from 18 months to under 4 years. Bikes and bike buggies provided.            | 21 <sup>st</sup> May                                                                           | WIN Business Park Canal Quay, Newry, BT35 6PH | 10:30am - 12:30pm |
| <b>Mindfulness in Nature Walk</b> Children aged from 18 months to under 4 years                                                    | 21 <sup>st</sup> May                                                                           | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>The Real Birth Programme</b> All expectant parents                                                                              | 21 <sup>st</sup> & 28 <sup>th</sup> May                                                        | Camlough Programme Room                       | 10:30am - 12noon  |
|                                                                                                                                    | 4 <sup>th</sup> & 11 <sup>th</sup> June                                                        |                                               |                   |
| <b>Mindfulness in Nature in the Garden</b> Children aged from 18 months to under 4 years                                           | 28 <sup>th</sup> May                                                                           | Forkhill Community Centre Garden Shed         | 10:00am - 11:00am |
| <b>Balance Ability</b> Children aged from 2 to under 4 years                                                                       | 28 <sup>th</sup> May                                                                           | Forkhill Community Centre                     | 11:00am - 12noon  |
| <b>Let's Play</b> Children who are in the referral process or have received a diagnosis of additional need.                        | 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> May | Bessbrook Community Centre                    | 10:30am - 11:30am |
| <b>Baby Massage</b> Babies aged from 6 weeks to 9 months                                                                           | 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> & 22 <sup>nd</sup> May                    | Bessbrook Community Centre                    | 2:30pm - 3:30pm   |
| <b>Toddle and Talk</b> Children aged from 2 to under 4 years                                                                       | 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> May                   | Bessbrook Parish Hall                         | 10:00am - 10:45am |
|                                                                                                                                    | 5 <sup>th</sup> & 12 <sup>th</sup> June                                                        |                                               |                   |
| <b>Balance Ability</b> Children aged from 2 to under 4 years                                                                       | 8 <sup>th</sup> May                                                                            | Crossmaglen Community Centre                  | 10:30am - 11:30am |
| <b>Baby Yoga</b> Parents/carers and their babies aged from 6 weeks to 6 months                                                     | 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> May                   | Lislea Community Shed                         | 10:30am - 11:30am |
| <b>Baby Bonding</b> Expectant parents (from 28 weeks) & parents and their babies up to the age of 6 months                         | 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> May                   | Bessbrook Parish Hall                         | 11:00am - 12:30pm |
|                                                                                                                                    | 5 <sup>th</sup> & 12 <sup>th</sup> June                                                        |                                               |                   |
| <b>Little Kickers</b> Children aged from 2 to under 4 years                                                                        | 8 <sup>th</sup> May                                                                            | Crossmaglen Community Centre                  | 11:30am - 12:30pm |
| <b>Chi Me for Kids</b> Children aged from 2 to under 4 years                                                                       | 22 <sup>nd</sup> May                                                                           | Forkhill Community Centre                     | 10:30am - 11:00am |
|                                                                                                                                    |                                                                                                |                                               | 11:15am - 11:45am |
| <b>Dad's Club - Cycling with kids</b> Dads/male carers and their children aged from 18 months to under 4 years                     | 22 <sup>nd</sup> May                                                                           | WIN Business Park Canal Quay, Newry, BT35 6PH | 6:15pm - 8:15pm   |
| <b>Tiny Dancers</b> Children aged from 2 to under 4 years                                                                          | 29 <sup>th</sup> May                                                                           | Forkhill Community Centre                     | 11:00am - 12noon  |
| <b>Elklan: Let's Talk with Baby</b> Babies aged from 6 months to 12 months                                                         | 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> May                    | Camlough Programme Room                       | 10:30am - 11:15am |
| <b>Baby Massage</b> Babies aged from 6 weeks to 9 months                                                                           | 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> May                    | Bessbrook Community Centre                    | 10:30am - 11:30am |
| <b>Toddler Yoga</b> Parents/carers and their children aged from 2 to under 4 years                                                 | 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> May                    | Cloughreagh Community Centre                  | 11:00am - 12noon  |
| <b>Rhyme Time</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                            | 2 <sup>nd</sup> & 16 <sup>th</sup> May                                                         | Crossmaglen Library                           | 11:00am - 11:45am |
| <b>Family Swim</b> Children from 4 months to under 4 years - one child per adult                                                   | 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> May                    | Newry Swimming Pool                           | 12noon - 1:00pm   |
| <b>Mindfulness in Nature in the Garden</b> Children aged from 18 months to under 4 years                                           | 9 <sup>th</sup> May                                                                            | Forkhill Community Centre Garden Shed         | 10:30am - 11:30am |
| <b>Musical Toddlers</b> Children aged from 1 year to under 4 years                                                                 | 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> May                                      | Lislea Community Shed                         | 10:00am - 10:45am |
| <b>Family Walk</b> All Sure Start families                                                                                         | 9 <sup>th</sup> & 23 <sup>rd</sup> May                                                         | Derrymore Woods Bottom Car Park               | 10:30am - 11:30am |
| <b>Musical Babies</b> Babies aged up to 12 months                                                                                  | 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> May                                      | Lislea Community Shed                         | 11:15am - 12noon  |
| <b>Messy Play</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                            | 3 <sup>rd</sup> May                                                                            | Cullyhanna SureStart Centre                   | 10:30am - 11:30am |
| <b>Dad's Club - Breakfast Morning</b> Dads/male carers and their children aged under 4 years                                       | 17 <sup>th</sup> May                                                                           | Sticky Fingers, Newry                         | 10:00am - 12noon  |
| <b>Rhyme Time</b> All children aged under 4 years <i>DROP IN - BOOKING NOT REQUIRED</i>                                            | 24 <sup>th</sup> May                                                                           | Bessbrook Library                             | 11:15am - 12noon  |



All bookings must be made through our booking system

Scan the QR-code for the Booking System!

Please contact the office if you have any issues booking the programmes online.



Please let us know if you have booked a programme and cannot attend. This will allow us to reallocate your place to a family on the waiting list.

Sure Start South Armagh



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